

MOTHERS' MILK BANK OF FLORIDA

Winter 2013



Save the Date!

The 2nd Annual Miles for Milk 5k Fun Run and Family Walk will be held May 10th, 2014 at Bill Frederick Park at beautiful Turkey Lake, Orlando. We had a great turnout for our first run / walk event in 2013, with nearly 200 participants raising over \$17,000 for the milk bank, and we can't wait to see what we can do in 2014!

Registration and fundraising details will be available soon, keep an eye on our website for details and make sure you're on our mailing list.

MilkBankofFlorida.org



MILES FOR MILK 2014

Saturday May 10, 2014

- 5k Fun Run and Family Walk in a beautiful outdoor setting
- Family activities
- Live DJ and music
- Win prizes
- Support the milk bank
- Refreshments provided
- MilkBankofFlorida.org



We were very excited to accept a generous donation from Children's Surgical Associates of Orlando. Elizabeth Todd, ARNP, presented the donation to members of the Mothers' Milk Bank of Florida Board.

Thank You Children's Surgical Associates!

Our Mission: TO PROMOTE HEALTH AND HEALING BY ACCEPTING, PASTEURIZING, AND DISPENSING DONOR HUMAN MILK ACCORDING TO THE HUMAN MILK BANKING ASSOCIATION OF NORTH AMERICA'S GUIDELINES.



Milk Donation Information

We are a milk bank in development, and unable to accept milk just yet but please call (toll free) 1-877-813-MILK or email info@milkbank.org, the milk bank in Texas, if you can help with a milk donation. They will ask some screening questions over the phone and give you information on how to proceed from there. They will pay for any required blood tests and shipping expenses.

If you have any problems, please email us or go

to the HMBANA website and contact any of the established milk banks. Thank you for supporting HMBANA (non-profit) milk banks. Donor milk is making a big difference in the lives of premature babies - it is a lifesaver.

Financial donations can be made at our website:
MilkBankofFlorida.org



PEDIATRICS®

OFFICIAL JOURNAL OF THE AMERICAN ACADEMY OF PEDIATRICS

Microbial Contamination of Human Milk Purchased Via the Internet

Sarah A. Keim, Joseph S. Hogan, Kelly A. McNamara, Vishnu Gudimetla, Chelsea E. Dillon, Jesse J. Kwiek and Sheela R. Geraghty
Pediatrics; originally published online October 21, 2013;
DOI: 10.1542/peds.2013-1687

HMBANA:
Human Milk
Banking Association
of North America

Milk sharing is in the news. With recent scientific research published in the journal *Pediatrics*, the issue of microbial contamination in human milk has come to the forefront. In the study, human milk that was purchased on the internet had potentially dangerous levels of bacterial growth. There are no guidelines to ensure the safety of milk informally obtained or purchased via the internet. HMBANA milk banks, on the other hand, operate under HMBANA Guidelines which specify medical and lifestyle screening; blood tests; proper expression, storage, and transport of milk by the donors; as well as proper pasteurizing at the milk bank. The milk is then tested to ensure safety before dispensing to hospitals. For more information visit HMBANA.org.

The Mothers' Milk Bank of Florida is a non-profit organization founded in 2011 to collect and process human milk and distribute it to premature and critically ill babies when their mother's own milk is not available. This milk is obtained by prescription only.

Donor human milk is urgently needed, but without a Florida milk bank, these babies may not receive this lifesaving resource. If you are interested in providing financial support to help establish the only milk bank in Florida, please visit our website.

"The potent benefits of human milk are such that all preterm infants should receive human milk."

American Academy of Pediatrics (AAP)
Policy Statement on Breastfeeding and the Use of Human Milk (2012).



MilkBankofFlorida.org



Facebook: Milk Bank of Florida

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Mothers' Milk Bank of Florida is a 501(c)3 charitable organization and is a member of the Human Milk Banking Association of North America (HMBANA).