

### **Summer 2013**



# 1st Annual Miles for Milk



Participants enjoyed a beautiful day at Bill Frederick Turkey Lake Park

Last Mother's Day weekend the Mothers' Milk Bank of Florida hosted the first annual Miles for Milk 5k Fun Run and Family Walk to raise funds for the developing Milk Bank. The event was held on a beautiful, sunny morning at Bill Frederick Turkey Lake Park, which helped account for the successful turnout - 195 participants. With runner and walker

# Milk Donation Information

We are a milk bank in development, and unable to accept milk just yet but please call (toll free) 1-877-813-MILK or email info@milkbank.org, the milk bank in Texas, if you can help with a milk donation. They will ask some screening questions over the phone and give you information on how to proceed from there. They will pay for any required blood tests and shipping expenses.

If you have any problems, please email us or go to the HMBANA website and contact any of the established milk banks. Thank you for supporting HMBANA (non-profit) milk registration, and the help of 115 generous donations, the event took in a spectacular \$17,000!

We would like to give special thanks to our sponsors and volunteers who made this 1st annual event a success.

We are thrilled with the support shown for the Mothers' Milk Bank of Florida at our first annual Miles for Milk event. We look forward to our next walk,

#### May 10, 2014. Save the date!

#### Thank you Miles for Milk Sponsors!

Ameda

Marsha Barager

BJ's Wholesale

Walt Disney World

Dorothy Mallett, LMT

Einstein Bros Bagels - Aloma/1792

Fair Water Florist

Farris and Foster Chocolates

Flying Coozie

4 Rivers Smokehouse Gerolyne Massage

Jane Ellis at Unique Hair

Krispy Kreme - Winter Park

Medela

Orlando City Soccer Cub

Orlando Police Department

Pediatrix Medical Group of Central Florida

Publix - Baldwin Park

R Nichols Card Shop

Simply Buttons

Southern Melon Distributor

Towns' Garden Center

Winnie Palmer Hospital

banks. Donor milk is making a big difference in the lives of premature babies - it is a lifesaver.

Financial donations can be made at our website:

MilkBankofFlorida.org





Our Mission: TO PROMOTE HEALTH AND HEALING BY ACCEPTING, PASTEURIZING, AND DISPENSING DONOR HUMAN MILK ACCORDING TO THE HUMAN MILK BANKING ASSOCIATION OF NORTH AMERICA'S GUIDELINES.

# **August Fundraising Events**

## Painting with a Purpose

August 10, 2013 2:00pm-4:00pm

Painting with a Twist

6700 Conroy Windermere Rd, Ste 125, Orlando, FL

The Mothers' Milk Bank of Florida is the beneficiary for this upcoming "Painting with a Purpose" event at Painting with a Twist. The cost to participate is \$35 and, with paint, supplies, and expert advice provided by the studio, you will have the opportunity to create your very own unique masterpiece! 50 percent of all sales from this class will benefit the Milk Bank, and 100 percent of all proceeds from paintings sold at the sidewalk sale will also go directly toward our cause.



## White Out Party

August 24, 2013 5:00pm-8:00pm

Blue Martini - Mall of Millenia 4200 Conroy Rd #246, Orlando, FL



We are pleased to announce the Central Florida Association of Neonatal Nurses (CFANN) is hosting a fund raiser at the Blue Martini in Orlando that will benefit the Mothers' Milk Bank of Florida.

This entertaining event will include a silent auction, raffle items, and of course some

happy hour drink specials. Entry is free; however, a donation to the Milk Bank is appreciated.

Please come to the Blue Martini to show your support, and enjoy a few happy hours with us! Dress code is all white.

The Mothers' Milk Bank of Florida is a non-profit organization founded in 2011 to collect and process human milk and distribute it to premature and critically ill babies when their mother's own milk is not available. This milk is obtained by prescription only.

Donor human milk is urgently needed, but without a Florida milk bank, these babies may not receive this lifesaving resource. If you are interested in providing financial support to help establish the only milk bank in Florida, please visit our website.

"The potent benefits of human milk are such that all preterm infants should receive human milk."

American Academy of Pediatrics (AAP)
Policy Statement on Breastfeeding and the
Use of Human Milk (2012).



MilkBankofFlorida.org

Twitter: MilkBankFL

Facebook: Milk Bank of Florida

Share your support - Like us on Facebook!

