

MOTHERS' MILK BANK OF FLORIDA



Spring 2014

Exciting Things are Happening...

Our major annual fundraiser is right around the corner. The 2nd Annual Miles for Milk 5k Fun Run and 2 Mile Family Walk will be held May 10th, 2014 at Bill Frederick Park at beautiful Turkey Lake, Orlando. We had a great turnout for our first event in 2013, with nearly 200 participants raising over \$17,000 for the milk bank, and we can't wait to see what we can do in 2014! We need your help. **Register now at MilkBankofFlorida.org.**

We've also partnered with well-known organizations to create some easy fundraising opportunities. Burger 21 near the UCF campus is hosting a fundraising event on Saturday June 21st - 10% of their proceeds that day will go to the milk bank, so bring the family and tell your friends!

Amazon.com, everyone's favorite online shopping center, has approved the milk bank for their charitable program, Amazon Smile. If you are an Amazon customer, please go to smile.amazon.com when you make your purchases (this works even if you are a Prime member), and Amazon will donate 0.5% of all purchases to the milk bank.



MILES FOR MILK

Saturday May 10, 2014

- 5k Run and 2 Mile Walk in a beautiful outdoor setting
- Family activities
- Live DJ and music
- Win prizes
- Support the milk bank
- Refreshments provided
- MilkBankofFlorida.org

Amazon Smile Program

Go to smile.amazon.com and choose "Mothers Milk Bank of Florida" when making all your Amazon purchases - this will send a portion of each purchase to support the milk bank. What an easy way to help out!

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The Mothers' Milk Bank of Florida is a non-profit organization founded in 2011 to collect and process human milk and distribute it to premature and critically ill babies when mother's milk is not available. This milk is obtained by prescription only. Donor human milk is urgently needed, but without a Florida milk bank, our babies may not receive this lifesaving resource. If you are interested in providing financial support to help establish the only milk bank in Florida, please visit our website.

BURGER 21

SATURDAY JUNE 21

UCF LOCATION

Milk Bank Fundraiser

10% of sales will go to the
Milk Bank

Mark Your Calendars!

Our Mission: TO PROMOTE HEALTH AND HEALING BY ACCEPTING, PASTEURIZING, AND DISPENSING DONOR HUMAN MILK ACCORDING TO THE HUMAN MILK BANKING ASSOCIATION OF NORTH AMERICA'S GUIDELINES.

JD's Story

I arrived to the hospital on June 4th, 2013, with abdomen pain. Shortly thereafter I was in labor. JD wasn't due until September 20th. They immediately started me on medication to control the contractions, but 5 short days later I was blessed with the birth of my son born at 25 weeks, and weighing 2 pounds. As I was new to motherhood, and thrown in head first, I was somewhat at a loss. Through internet searches and the medical staff, I became aware of the importance of human milk, especially for premature babies. As stated by a N.I.C.U. MD, human milk is not only nutritional but also medicinal. There was no doubt in my mind that I was going to immediately start providing breast milk for my baby. Sadly, due to all of the medications I was on, I contracted an infection and was placed on medicine that would prevent me from immediately providing what was necessary for my son. It was at this point that I was informed about HMBANA Milk Banks which provide safe donor human milk when it is most needed. Thanks to a HMBANA donor milk bank, JD was able to receive what was necessary at his time of need, until a short time later, when I was able to fulfill those needs myself as his mother.

Many thanks to JD's mom for sharing her story



We would like to acknowledge some of our major donors, we could not do this without their help!

Ameda

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Neonatal Nurses

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Winnie Palmer Hospital for Women
and Babies

Thank You!

MilkBankofFlorida.org

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Mothers' Milk Bank of Florida is a 501(c)3 charitable organization and is a member of the Human Milk Banking Association of North America (HMBANA).