

### Winter 2015

## What have we been up to?

In the first five months of opening, the Mothers' Milk Bank of Florida (MMBFL) has received over 60,000 thousand ounces of human donor milk and approved



Kandis Natoli

132 donors. Milk intake is steadily growing and our team of dedicated employees and volunteers are constantly improving the milk bank processes to be more efficient. What started as the dream of a small group of dedicated individuals, is now a fully functioning milk bank serving the tiny babies in need in our area. Executive Director Karen Kesler, has been there every step of the way to ensure that Florida would finally have a milk bank. Her passion and dedication is contagious and she has worked so hard to find people to join her cause that will care about this milk bank as much as she does. This is why she is confident that the new Executive Director, Kandis Natoli, is the perfect match for this milk bank.

Kandis Natoli is a Maternal-Newborn Certified Registered Nurse and International Board Certified Lactation Consultant. She came to the MMBFL after having successfully defended her doctoral dissertation research "Helping Mothers Resist Persuasion to Give Formula." Her research was funded by the International Lactation Consultant Association and Florida Nurses Association. Kandis has worked for many years as a nurse and lactation consultant at Central Florida hospitals. For the past seven years she has taught nursing courses and conducted clinicals in maternal-child nursing and research. Kandis is also affiliated with her local Healthy Start Coalition where she serves as an abstractor on the Fetal Infant Mortality Review Board. We are so lucky to have someone like Kandis join our team. Karen will still be an essential part of the milk bank.

#### Keep an eye out for a special volunteer opportunity at the milk bank soon!



'Tis the Season for Giving

### #GivingTuesday



Don't miss this year's #GivingTuesday on December 1<sup>st</sup>. #GivingTuesday is a global day of giving. It takes place on the Tuesday following Thanksgiving and has become a movement that celebrates and supports giving and philanthropy. This year we are asking you to support us as we continue to save ill premature babies with the healing powers of pasteurized human donor milk. Donate through our website under "Get Involved."





amazonsmile

What if you could donate to the Mothers' Milk Bank of Florida by simply purchasing something through your Amazon account? You can by going to https://smile.amazon.com/ and selecting the Mothers' Milk Bank of Florida as your charitable organization! Amazon will donate 0.5% of the price of the eligible Amazon Smile purchases straight to us. Simple, right?

# Thank you to our donors!

Just a few of our donor mamas & babies.







Brooke & Abby

Andie & Norah

Sky & Emma



Virginia & John

Facebook: Mothers' Milk Bank of Florida • Twitter: MilkBankFL • Instagram: milkbankfl • milkbankofflorida.org

Mission: The mission of the Mothers' Milk Bank of Florida is to promote health and healing by collecting, processing and distributing pasteurized donor human milk by physician prescription, using the guidelines from the Human Milk Banking Association of North America.

Mothers' Milk Bank of Florida is a 501 (c) 3 charitable organization and is a member of the Human Milk Banking Association of North America (HMBANA).